

Activities Unlimited

Volume XXXIII Issue I

January, 2019

Activities Unlimited General Meeting Tuesday, January 8, 2019 — 1:00 PM at the WRC, Heneveld Hall

Our speaker this month is our own, **Murray Perl** who will talk to us about:

IGNORANCE IN THE INFORMATION AGE

The internet has given us access to virtually unlimited information and “big data.” Murray will discuss why even though an enormous amount of information is available at our fingertips, ignorance is still prevalent in our society.

Murray has a very interesting background including , Teacher of Biology, Chemistry and Physics for the NYC Board of Education, Science Department Chairman at the East Ramapo Central School System, Science Supervisor for the Westwood Regional School District, Adjunct Professor at the City College of New York. He also is the consultant and curriculum developer for Select Programs in Science and Engineering at the City College of New York and is a member of the advisory board for the Cold Spring Harbor Laboratory DNA Learning Center.

Come join us at 12pm to meet and talk to fellow members and listen to the great AU Orchestra.

As usual we encourage you to invite your wives/significant others to the presentation.

NOTE FROM THE PRESIDENT

As we start the New Year I extend to each and every one of our 375 members and families a very healthy and happy 2019.

We are entering our 33rd. year and believe we are the greatest retirement club in all of New Jersey. I thank you for your confidence in me and pledge to work as hard as I can to maintain the greatness of AU.

One of our goals for 2019 is to encourage more participation in the clubs, various tours and events and to increase attendance at the monthly meetings. For those of you who regularly participate you know what attending these club events is all about: great club subjects, outstanding tours, great speakers and most importantly getting to make new friends.

We encourage all to try some of these clubs and events if you haven't already and if you participate in some, try others. Just as important speak to your fellow members and encourage them to participate. **You are the voices of AU.**

I want to thank Jim Webb for doing an excellent job as president in 2018. We are fortunate to have Jim on the 2019 board to continue contributing with his great ideas and enthusiasm.

Special thanks to **George Lewis, Mark Cohen and Howard Vogel** for their great work. We shall miss their presence on the board.

We welcome **Bob Dauer (2nd Vice President), Jeff Mohn (Assistant Treasurer), Dave Voehl (Secretary),** who will be joining **Vince Tortorelli (1st Vice President), Doug Cooper (Treasurer), Tom Butler and Jim Webb, (past Presidents) and Jim Mallen(Liaison with Church).**

For those who attended the Christmas party I am sure you will agree it was a wonderful event. Special thanks to **Bill Mastellon** and **John Murphy** for the awesome task of making this party our signature event.

At the party we awarded the **Distinguished Service Award to Fred Theile.** He was surprised by the honor but he should not have been. Fred has been a major contributor to all that is good about the club. Congratulations, Fred.

So in closing, let us all work to make 2019 the greatest year in the 33 year history of Activities Unlimited.

Joe Pullaro, President
201-337-0018
josephpullaro@hotmail.com

Membership Dues

Membership dues, \$50.00, for 2019 are **PAST** due (**December 31, 2018**). Please send in your check, **today**, for \$50.00 payable to “**Activities Unlimited**” to:

Jeff Mohn, 499 Hobart Road, Paramus, NJ 07652

ACTIVITIES UNLIMITED

GENERAL MEMBERSHIP INFORMATION



2018 OFFICERS



Joe Pullaro
President
201-337-0018



Vincent Tortorelli
1st Vice President
201-447-3718



Bob Dauer
2nd Vice President
201-327-9247



Dave Voehl
Secretary
973-227-6981



Doug Cooper
Treasurer
908-907-1112

Jeff Mohn
Asst. Treas.
201-261-1219

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
AU Guys Band	John DeSantis	201-447-0256	
Book Club	Vince Tortorelli Joe Clinton	201-447-3718 201-447-2261	4th Wed. 9:30
Dup. Bridge	ED Foldessy	201-327-5767	Wed 1 pm Larkin House
Rub. Bridge	Bob Mulligan Dave Kampschmidt	201-447-8837 201-405-2043	M,F 1:00 pm Franklin Lakes Ambulance Building
Care-Concern	Doug Cooper Paul Hennion	908-907-1112 201-891-4716	
Chaplain	Rev Andy Kadzban	201-485-8589	
Computer	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-825-7541	3rd Wed. 10:00
Gardening	Joe Lamela Rick Sneyers	201-327-8137 973-248-6625	1st Wed. 10:00
Golf	Bill Bryne Jim Webb	201-447-5064 201337-7982	Thursday
Hiking	Long Don Kirkpatrick Rick Sneyers	201-337-5666 973-248-6625	Mon 9:00
	Short Fred Theile	201-981-1801	Mon 9:30 WRC
Historian	Victor Pizzolato	201-612-0038	
History	Pablo Catangay Tony Mastandrea	201-684-1217 201-327-8832	4th Monday 1:00 pm
Investment	Al Connelly	973-616-0755	Thru after the AU General Meeting 9:30
Luncheon	John Abrahamsen Mark Cohen	201-848-8037 201-337-4198	

COMMITTEES & CLUBS			
GROUP	CONTACT	PHONE	MEETING
Membership	Walt Widmer Dick Hensch	201-562-8666 201-891-1309	
Newsletter	Lou Guarneri Dick Hensch	201-847-1981 201-891-1309	
Pickleball	Tim Tracy	201-560-8911	Tues, & Thus. 9:00 am.
Project Outreach	Marty McGonigle Joe Pullaro	201-529-1941 201-337-0018	
Photography	Murry Perl Sam Ohan	201-261-7276 201-825-0437	1st Tuesday 10:00 am
Public Disc.	Walt Widmer Tom Butler	201-562-8666 201-934-8161	2nd Wednesday 9:30 am
Refreshments	Jim Forbes John Gannaway	201-825-0523 201-485-7881	
Science	Jack Yurasek	201-337-4433	3rd Tuesday 10.00 am
Skiing	Bud Brooks Jack Yurasek	201-327-6649 201-337-4433	Snow
Sponsor Liaison	Jim Mallen	201-485-8589	
Stock Market	Mark Cohen John Abrahamsen	201-337-4198 201-848-8037	2nd Tues. 9:00 am 4th Tues. 9:00 am
Tennis	Dave Burleigh Bob Meyers	201-762-3707 310-254-8699	M,W,F
Transport.	Frank Nusspickel	201-891-9099	
Trips/Tours	John Caikowsky Don Wasson	973-599-1056 201-891-1873	Morning of AU General Meeting 10:30 am
Web-Master	Don Kirkpatrick	201-337-5666	

Please remember that WRC is a smoke-free environment. **This includes E-Cigarettes.**

At the Dec meeting \$168 was collected for the Wyckoff Reform Church Food Pantry.

The deadline for February 2019 Newsletter articles is 5 PM Sunday, January 27, 2018. When submitting articles please use font: Times New Roman 11 pt. (not bold). Email: lguarneri03@gmail.com and jrhensch62@gmail.com or mail to: **Lou Guarneri**, 128 MacLeish Court, Mahwah, NJ 07430

Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.
Sign up sheets are nice, but money talks. Get your check in ASAP, don't wait 'til it's too late.

2019

Monday, January 21, 2019 — Lunch at Savini's in Allendale, NJ

Join us for an afternoon of good food & fellowship. A four course lunch served with pasta, soup or salad, choice of Veal, Chicken or Fish. Dessert includes, an Italian Vanilla Gelato Nut Log. Cash Bar Available. Cost \$26.00 pp. Wives/significant others are invited. Time 12:30 pm. Make checks payable to Activities Unlimited & mail to: **Larry Restieri**, 105 Fisher Rd., Mahwah, NJ 07430. Snow date, Wednesday January 23, 2019 . Questions, call Larry 201-825-5843

February — Concert - Canceled

Wednesday, March 13, 2019 St. Patrick's Day at the Brownstone

ACE IN THE HOLE PRESENTS MY WILD IRISH ROSE

Well it's that time of year again when the Irish spirit captures your heart!! And what better way than a sweet Irish Colleen to steal yours. Award winning movie actress and singing sensation Ryan Kelly will sing some of your Irish favorites and get you feeling the joy of St. Patrick's Day! Enjoy comedian, Dale Grand Esq. and bag piper, Brendon Rigler. Family Style Menu: 2 complimentary drinks, warm rolls, fresh salad, Irish pea soup, corned beef & cabbage, roasted chicken, Irish soda bread, baked potatoes, buttered carrots, deserts, coffee, tea. Free soda on the table all day. The event is at the Brownstone, 351 W. Broadway, Paterson, NJ. It starts at 11:30 am and lasts until 3:30 pm. Cost: \$52.00pp including tip. Mail check made payable to ACTIVITIES UNLIMITED to:

Bob LaSalvia, 80 Glasgow Terrace, Mahwah, NJ 07430. Questions, call Bob 201-529-4784

Thursday, April 11, 2019 Cherry Blossom Time in Newark

Join us for a trip though Branch Brook Park where our guide will delve into the history of the park and its extensive collection of Cherry Trees. After the park tour we will visit The Cathedral Basilica of the Sacred Heart. Then on to Don Pepe's for lunch. Enjoy soup or salad, your choice of Paella, Chicken or NY Shell Steak and dessert; Wine, Sangria, Beer and Soda is included during Lunch. The bus will leave WRC at 9:30 am. Mail your check for \$70 pp payable to Activities Unlimited to: **Louis Guarneri**, 128 MacLeish Court, Mahwah, NJ 07430. Questions, call Lou 201-847-1981

May — Luncheon

June — Lake Hopatcong

Obituary

It is sad to report the passing away of Ellen Brooks, wife of AU member **Bud (Lowell) Brooks**, on Saturday, December 8, 2018. A memorial service will be held Friday, December 28, 2018 at 11:00 am at the Highland Presbyterian Church located at 270 Franklin Turnpike in Allendale



The Bridge Club

		1st	2nd	3rd
12/5	NS	Anand/Warner	Altamuro/Hulit	Foldessy/Smith
	EW	Page/Peck	Mahmarian/Yampell	Boylan/Levin
12/12		Luncheon		
12/19	NS	Hulit/Warner	Desrosiers/Freimuth	Bidwell/Spence
	EW	Altamuro/Milcos	Foldessy/Peck	Levin/Mahmarian
12/26	NS	Freimuth/Meloro	Spence/Zelhof	Boylan/Peck
	EW	Foldessy/Lewis	Groesbeck/Martin	Milcos/Yampell

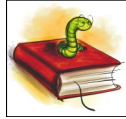
AU Bridge Club Christmas Lunch at Ozzy's in Hawthorne

Congratulations to **George Lewis** who won AU Duplicate Bride's first **Quentin Wiest Trophy**. He is the club's best player for 2018.



FYI—The Wyckoff Public Library has an online subscription to Morningstar Premium. It's accessible from the WPL home page with a library card number. Web site address is below:

<http://library.morningstar.com/Membership/authenticate.html?stat=2&Name=Wyckoff>



The Book Club

NOVEMBER 28, 2018

The Last Castle, by Denise Kiernan, summarized by **Vince Tortorelli**, was the first book reviewed in this session. It tells the story of the Biltmore, located near Asheville, North Carolina, and at 175,000 square feet and having a footprint of 4 acres is the largest private home in the United States. Completed in 1895 after 5 years of construction it was the home of George Vanderbilt, the grandson of the railroad magnate Cornelius "Commodore" Vanderbilt. The beginning of the book traces the Vanderbilt family, focusing on George's early years and those of his future wife Edith Stuyvesant Dresser. It describes the growth of the property and massive scale of the house while mixing in the life of society and luminaries of the period. The author also details how while family fortune funded the lavish lifestyle and grand living grounds of the Biltmore property, the owner and heirs also had to grapple with events that at times stretched even their financial means. Kiernan emphasizes and documents that although the Vanderbilt family itself is most known for railroads and wealth, George and Edith were especially known for their contributions to history, culture and forestry.

Next up was *The Death of Democracy*, by Benjamin Cart Hett and reviewed by **Ed O'Keefe**. In tracing Adolf Hitler's rise to power in the 1930's Hett raises the oddity of how the very democratic Weimer Republic could enable an authoritarian radical who seemingly swiftly dissolves the German legislature and began mobilizing a genocidal war. He writes that it was promoted by Hitler's cunning ability to use opponents' narrow self-interests to advance their own policies who overestimated their power and underestimated his influence. The book is a detailed review of the process that is not only compelling but made easier to follow because the author includes a roster of all the main characters and their role as well as a description of the various political parties.

Then **Joe Clinton** took us through a synopsis of *Killing England*, by Bill O'Reilly and Martin Dugard. This is the story of the American Revolutionary War, tracing its course from its origins and major battlefields through its eventual conclusion. While its focus is on the principal figures of George Washington, Benjamin Franklin, Thomas Jefferson, and King George III, it also thoroughly describes the major battles of the war and the difficult conditions faced by the American soldiers as they suffered through depleting supplies and brutal weather. Included are accounts of Benjamin Franklin's difficult relationship with his son, a determined Loyalist, as well as other incidents such as Benedict Arnold's original important contributions to the American military effort and his ultimate betrayal.

Books for December

The Light Between Oceans by M. L. Steadman
Tears of Salt by Pietro Bartolo & Lidia Tilotta
21 Lessons for the 21st Century by Yuval Noah Harari

Books for January

The Race to Save the Romanovs by Helen Rappaport
Janesville: An American Story by Amy Goldstein
The Men Who Killed the Luftwaffe by Jay Stout



The Science Club

For the November meeting, **Harry Bennett** continued his outstanding presentation of technology and manufacturing in the Glass and Bottle industry. He also has offered to become a Co-chairman for the club. Thank you Harry!

At the January 15, 10 AM meeting, **Murray Perl** will return to his presentation titled "The Science of Food and Nutrition-Facts fallacies and Frauds", partially based upon the various foods we eat each meal-time. Time only permitted him to discuss Breakfast - lunch and dinner will be discussed at the January meeting.

Also, at the December meeting we reviewed the Questionnaire submitted in September and discussed additional topics for next Spring. A possible Car Pool trip to the American Museum of Natural History in NY in February or March (weather permitting) would be of interest.

The most important item resulting from the Questionnaire review, was that it is extremely difficult and time consuming for an individual person to produce an hour long presentation. The consensus was that several shorter presentations at each meeting would be desirable. Plans to begin this approach will be discussed at the next meeting. The plans would not involve meetings where lengthy DVDs are being presented.

Thanks again to those whose gave talks this past year. We are always trying to have additional people make presentations, and suggestions to improve our group are always welcome.

Jack Yurasek (201-337-4433) Email--Jyurasek@aol.com

The History Club



The History Club meeting is on January 28, 2019 at 1 PM- 3rd floor- WRC.

The topic- "Vladimir Vladimirovich Putin- the New Russian Tsar." From a humble beginning, he quickly becomes one of the richest men and one of the most powerful and feared leaders in the world. He viewed the demise of the Soviet Union as the greatest geopolitical catastrophe of the twentieth century. Putin romanticized the decess communist state and this could be interpreted as his reassertion of the idea that Russia must fulfill its great imperial destiny. All of which portend renewed conflict with the west.

Pablo A. Catangay, Chairman
pcatangay@optonline.net
201-684-1217

Tony Mastandrea, Co-Chairman
atmast256@yahoo.com
201-327-8832

AU's 32nd Annual Christmas Dinner/Dance December 10, 2018

This could have been you.

Don't miss next year's Dinner/Dance!!



GOLDEN APPLE CHORUS at AU General Meeting 12/11/18



The A-U Guys playing holiday classic music in Midland Park Community Center, December 19, 2018



**AU golfers have their end of year luncheon at Timbers in Oakland.
Prizes and trophies were presented to the winners of the 2018 season**



Jim Webb presents trophies

The winners **Ron Miller** 2018 Champion (left)
Guy Cappello, Bob Desrosiers, Ralph Corallo and Henry Wasserstein

